

Name:

## PORT PERRY 462 Paxton Street, Suite B07 Port Perry, ON L9L 1L9

Phone: 905-985-9727 Fax: 905-985-0479 www.portperryimaging.com

Accredited by CNN for Echocardiography Since 2016 Accredited for Mammography by the Canadian Association of Radiologist Since 1997 Accredited for Ultrasound by the American College of Radiology Since 1999 Fetal Medicine Foundation, Nuchal Translucency Screening Centre Since 2005 Ontario Breast Screening Program - Port Perry Affiliate Since 1997 Accredited for Bone Density by the Ontario Association of Radiologists Since 2008

OHIP Requires you present your health card and requisition at each visit

Date of Birth: \_\_\_\_\_ [ ] M [ ] F [ ] Other

This requistion form can be taken to any licensed facility providing healthcare services including hospitals and IHFs.

| Address:  |  | Heath Card/Version Code:  |   |  |  |
|---|--|---|---|--|--|
| Phone: (day)  | (eve.)   | Your Appointment:   |   |  |  |
| Please make ne  | ecessary childcare arrangeme                         | nts during your exam; Chile                                       | dren will not be allowed in the   | exam room  |  |
| GENERAL AND OBSTETRIC UL  | TRASOUND APPOINTMENT                                 | REQUIRED  |   |  |  |
| □ Abdomen □ Ltd. Abdomen □ Abdomen Wall (mass/hernia) □ Female Pelvis □ Transvaginal □ Male Pelvis (suprapubic only) □ Transrectal (Prostate) □ Renal (kidneys) □ Other: □ CARDIAC NUCLEAR IMAGING A □ Exercise perfusion imaging (sees persusion imaging persusion imaging persusion imaging persusion imaging persusion imaging persusion imaging p | PPOINTMENT REQUIRED  stamibi) sestamibi) gram (MUGA) | ☐ Bi-Latera☐ Renal Ar   | ULTRASOUND APPOINTMEN<br>al Carotid Doppler<br>terial Doppler   | 12w-13w6d<br>0-22 wks)<br>s c-sections                     |  |
| ☐ Thallium, rest and redistribution  GENERAL NUCLEAR IMAGING A  | •  | ☐ ABI Only<br>BILAT L R   |   |  |  |
| □ Gallium Scan □ Hepatobiliary Scan □ HIDA scan □ Liver SPECT: □ RBC scan for ?hemar □ Sulfur colloid scan for □ Bone Scan: □ Whole Body □ Single Site:   |  | can  BILAT L R  e and scan  Wy  Wy  Wy  Wy  Wy  Wy  Wy  Wy  Wy  W | oow   | mities nities nities  PPOINTMENT REQUIRED  BILAT L R  Ives |  |
| BONE MINERAL DENSITY APPOIL   | NTMENT REQUIRED                                      | Ca  | rpal Tunnel   |  |  |
| *Patient weight restriction <300lbs  □ Baseline (First BMD in Ontario)  □ Low Risk (Once every 60 month  □ High Risk (Once every 12 month  X-RAY NO APPOINTMENT REQUI   | ns)  | BREAST IMA  do not use deoc  MAMMOGRAM  □ Screenin                | AGING APPOINTMENT REQUIRED TO THE APPOINTMENT REQUIRED TO THE BOOK OF THE | RED s or underarms on the day of your exam                 |  |
| □ Site:   |  | <u> </u>  | Breast Ultrasound   |  |  |
| CLINICAL INFO:  |  | Billing;  |   | Physician Signature:  Date:                                |  |



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## PREPARATION FOR CARDIAC AND GENERAL NUCLEAR MEDICINE TESTS

PLEASE DO NOT FORGET TO BRING YOUR
HEALTH CARD AND A LIST OF ALL MEDICATIONS
TO EACH APPOINTMENT

## Persantine Perfusion (Sestamibi) \*Two Day Test\*

- Please bring medications or list of medications on Day 1
- Light breakfast on Day 1 and day 2 but <u>No caffeine</u> (tea,coffee, cola, chocolate) for 24 hours prior to Day 2 including decaffeinated tea/coffee & Tylenol #3

#### Exercise Perfusion (Sestamibi) \*Two Day Test\*

- Please bring medications or list of medications on Day 1
- Light breakfast on Day 1 and day 2 but <u>No caffeine</u> (tea,coffee, cola, chocolate) for 24 hours prior to Day 2 including decaffeinated tea/coffee & Tylenol #3
- Be prepared to Exercise (walk or run) on the treadmill wear a T-Shirt, shorts or sweatpants and running shoes.
- If permitted by your doctor, the following medications should be stopped prior to your test (only if you are having an exercise test):
  - metoprolol (Lopressor)
  - acebutolol (Monitan; Sectral)
  - diltiazem (Cardizem; Tiazac)
  - carvedilol (Coreg)
  - bisoprolol (Monocor)
  - sildenafil (Viagra)
  - vardenafil (Levitra)

atenolol (Tenormin)

nadolol (Corgard)

tadalafil (Cialis)

STOP FOR 24 HOURS BEFORE THE TEST IF PERMITTED BY YOUR DOCTOR

STOP FOR 48 HOURS BEFORE THE TEST IF PERMITTED BY YOUR DOCTOR

STOP FOR 72 HOURS BEFORE THE TEST

THE ABOVE MEDICATIONS
MAY BE RESUMED AFTER THE TEST

## PLEASE BRING RESULTS OF OTHER RECENT TESTS, IF DONE ELSEWHERE AND AVAILABLE.

#### **Biliary Scan**

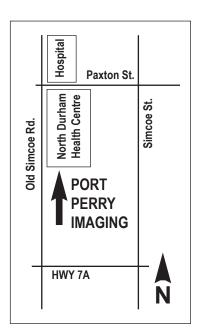
Nothing to eat or drink for 4 hours prior to the scan

#### **Thyroid Uptake and Scan**

- If permitted by your doctor, stop Thyroxine 5 weeks before your test and stop Cytomel 3 weeks before your test
- No intravenous contrast material (CT, IVP or angiogram, and no seaweed (sushi)) for 5 weeks prior to your test
- Nothing to eat or drink for 4 hours prior to the scan.

#### **Diabetics:**

- If on oral medication, don't eat breakfast or take your diabetes medication the morning of the test. After the test, you may eat and take your medication
- If on Insulin, on the morning of the test, take half the normal dose and eat a light breakfast



### **DURATION OF TESTS**

#### **TEST**

**Myocardial Perfusion Imaging (Sestamibi)** 

**Bone Scan** 

**Thyroid Scan** 

**All Other Nuclear Scans** 

**Ultrasound, Doppler and Echo** 

**Bone Mineral Densitometry** 

#### APPROXIMATE DURATION

1.5 hours in am day one and 1.5 hours in am day two

10 minutes, then 1 hour following a 2-3 hour delay

15 minutes day one and 1 hour day two

1 hour on a single day (some require up to a 4 hour delay after injection)

40 minutes

20 minutes - do not take clacium pill morning of exam

Our priority is You